# **Parish Walking Group**

Parish Walking Group



**Belair National Park** 

The Parish Walking Group undertake walks in local parks or gardens on the third Tuesday each month except December. We start at 9:30 am and provide a short (30 minutes) and long walk (11/2hours) or just join us for coffee at 10.45am. We welcome everyone and provide a suitable walk for all. Please join us.

We ask for a gold coin donation each walk and at the end of the year, donate the sum collected to a charity our walkers select.

There are many benefits in walking. Besides fitness and health aspects, we learn about the environment for which we are all responsible and offer opportunities to view beautiful native flora and, sometimes, our unique fauna. We are fortunate to live in a Parish with such a beautiful environment so close. A most satisfying aspect is the companionship we enjoy, from the time we gather in the Car Park until after coffee & cake. It is an opportunity to meet and to get to know other parishioners in a friendly and beautiful setting.

Our walks are arranged to suit everyone in the group on the day as we take into account those resuming from injuries and illness. Our walks are on firm surfaces and are advertised in the Parish Bulletin. We encourage new walkers to join us to enjoy the benefits of socialising in such a beautiful environment.

Our walk leaders are experienced walkers. Here are their profiles:

### Bob McEvoy, Walk Leader, 0412 310 947

Bob has been a bushwalker for 14 years completing the Heysen Trail in 2012 and leading walks in Adelaide Hills, Victorian Alps and Tasmania East Coast. He also instructed on

GPS navigation courses conducted in Belair National Park for the Active Over 50s Walking Group.

Bob began the Blackwood Parish Walking Group in 2016 in an effort to bring people from two churches together, actively and socially.

Walks are generally held on flat surfaces and are comfortable for all levels of walking.

### Philip Doyle, Walk Leader, 0417 844 004

Phil has been a keen hiker and camper for over 50 years since he was a youth in scouts. Today Phil is Group Leader and Assistant Scout Leader with the Blackwood Scout Group. Phil has hiked extensively in the southern and northern Flinders Ranges, Fleurieu Peninsula, Adelaide Hills, Victorian Alps (summer & winter), Kakadu and Litchfield NP's. Phil, with his wife Lynne, enjoy taking their two dogs for a walk in Belair National Park, along the Sturt River Linear Trail and on their 45 acre property.

Phil joined the Blackwood Parish Walking Group when he retired late 2022. He has found the church walks provide a great opportunity to better get to know our fellow parishioners and enjoy nature and a coffee at the same time. The walks cater for all comers.

### Clem Colla Walk Leader, 0417 832 172

Clem has worked in the Blackwood Parish, assisting as a Youth Leader, with Phil Spencer and other leaders, and later became a Venturer Leader for the Blackwood Scouts. He lead his Venturers on camps and hikes in the Flinders ranges, on the Heysen Trail and in the Grampians, places he also visited with his family. He has also assisted Chris Wright and his Meteorology Group, hiking to and checking weather monitors in the Gammon Ranges.

Since retirement he has joined with Barb in a regular weekly walking group, the Thursday Walkers, who do different walks each week, in and around Adelaide.

he takes a turn of leading the parish Walking Group, keeping them oiled and flexible.

### Some photos from 2024 walks



**Brownhill Creek** 



Glenthorne Farm



Urrbrae House Gardens and Arboretum

## **January News 2025**

Our first walk for 2025 will be on Tuesday 21 January at Somerton Park at 9.30am for a walk along the Esplanade towards Glenelg. Turn off Repton Road at Jack Fox Drive (which is also the entrance to the Dunes Apartments) towards the Minda INC Café and park behind the café or in the general carpark. There will be a short and long walk or just join us for coffee at 10.45am